

Negron-Poblete, Paula; A.-M. Séguin et P. Apparicio (2014). « Improving walkability for seniors through accessibility to food stores: a study of three areas of Greater Montreal ». *Journal of Urbanism: International Research on Placemaking and Urban Sustainability*. Publié en ligne le 22 décembre 2014. DOI=10.1080/17549175.2014.990916.

Résumé

The aging of suburbs requires that pedestrian accessibility be favored in this type of environment, because walking is a key element in the quality of life of seniors. This article analyzes the potential for accessibility by foot in three inner suburbs of the Greater Montreal Area. Accessibility was calculated using walking distances throughout the street network. This analysis was complemented by an observation of physical-spatial characteristics likely to affect walking among seniors. Pedestrian accessibility is influenced not only by long travel distances but also by various obstacles that result from land-use decisions in favor of motorized travel on a regional scale. This article reveals the necessity for urban planners to find a balance between local accessibility by foot and public transit, and regional accessibility by motorized transport.

Mots clés

Accessibility, elderly people, suburbs, walkability, Montreal